

Three Seasons Restaurant

AT BLACKSTONE VALLEY TECH

WWW.VALLEYTECH.K12.MA.US/THREESEASONS

Hours of Operation

10:30 a.m.-12:45 p.m.

Tuesday - Friday

DATES AND TIMES SUBJECT TO
CHANGE WITH SCHOOL CALENDAR

Please call ahead for current hours and
reservations. (508) 529-7758 Ext. 3109

Dates to Remember

January

Tues Jan 16 / **Closed**

Wed Jan 31 / **Closed**

February

Wed Feb 14 / **Restaurant Closed**

Week of Feb 16 - Feb 23 / **Closed**

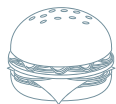
March

Week of March 18 - 22 / **Closed**

Tue March 26 / Open for slider competition

Fri March 29 / **Closed**

Burgers



*all of our beef burgers are made in house from
freshly ground brisket*

*all burgers are served with your choice of
hand-cut steak fries, house-made chips, or
sweet potato fries and a pickles*

Classic Cheeseburger

*broiled 1/3 pound patty with melted
american cheese with lettuce, tomato
and onion on a sesame seed bun / 6.50
with bacon / 7.25*

Sweet Potato Burger

*grilled black bean and sweet potato burger
with lettuce, tomato and onion served on a
sesame seed bun or lettuce wrap / 6.50
*lettuce wrap option is gluten friendly**

Burger Special

Bacon Onion Jam Burger

*broiled 1/3 pound patty topped with melted
cheddar cheese, bacon onion jam and
onion rings with lettuce, tomato on
a sesame seed bun / 7.00*

Appetizers



Soup Du Jour

*selection of daily house-made soups
cup / 2.50 bowl / 3.00*

Chicken Fingers

*hand-breaded breast strips served
with house-made barbecue sauce
or honey mustard / 4.75
with fries / 5.75*

Buffalo Chicken Fingers

*bvt chicken fingers tossed in our
creamy buffalo sauce and served with
blue cheese dipping sauce / 4.75
with fries / 5.75*

Mozzarella Sticks

*hand-cut mozzarella cheese, lightly
breaded and fried, served with
marinara sauce / 4.75*

Crab Rangoons

*house-made crispy dumplings, filled
with crab and cream cheese served with
ginger soy dipping sauce / 4.75*

Stuffed Mushrooms

*mushroom caps filled with garlic
and herb cheese bread stuffing / 4.75*

Salads



salad add-ons:

crispy, buffalo or broiled chicken / 4.00

7 oz. broiled salmon / 8.00

Garden Salad

*mixed greens with tomatoes, cucumbers,
carrots, red onions and black olives
with your choice of dressing
full size / 4.50 half size / 2.50*

Caesar Salad

*romaine lettuce with house-made croutons
and parmesan cheese tossed
with our creamy caesar dressing
full size / 5.00 half size / 3.00*

Moroccan Salad

*mixed greens tossed with couscous,
finished with roasted carrots and parsnip
along with tomatoes, kalamata olives, and
cucumbers served with side of spicy
harissa dressing / 5.00*

Sandwiches



*all sandwiches are served with your choice
of hand-cut steak fries, sweet potato fries
or house-made chips.*

BLT Sandwich

*crispy bacon, lettuce and
tomato with mayonnaise
on toasted bread / 5.50*

Grilled Cheese

*classic grilled sandwich with
american cheese between two
slices of buttered bread / 4.50
add bacon or tomato / .75 each*

Turkey Club

*sliced turkey, lettuce, tomato and
bacon between three layers
of toasted bread with a
touch of mayonnaise / 5.50*

Chicken Wrap

*crispy, buffalo or broiled chicken
with lettuce, tomato and honey
mustard in a flour tortilla / 7.00*

Chicken Caesar Wrap

*choice of broiled, crispy or
buffalo chicken in a flour tortilla
with romaine lettuce tossed in
caesar dressing / 7.00*

Buffalo Blue Cheese Wrap

*crispy buffalo chicken with lettuce,
tomato and blue cheese dressing
in a flour tortilla / 7.00*

Meatball Sub

*house-made meatballs and
marinara sauce topped
with melted provolone cheese
in a sub roll / 7.00*

Chicken Sandwich

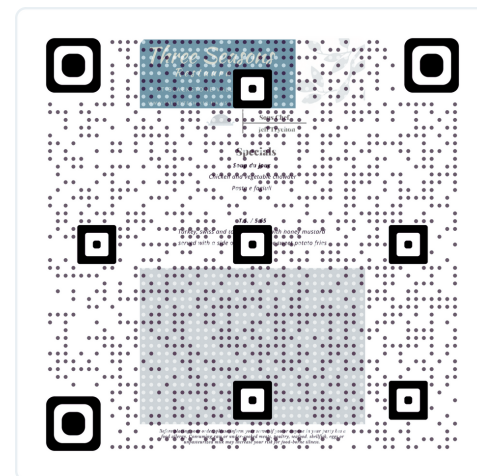
*broiled chicken breast with arugula,
sliced tomato and a garlic herb
cheese spread served on
a grilled BVT roll / 7.00*

Three Seasons

Restaurant

AT BLACKSTONE VALLEY TECH

Scan for Specials



Entrées

House-made Macaroni and Cheese

*cavatappi pasta in a creamy cheddar cheese sauce with choice of one side / 5.50
add tomato, bacon or peas / .75 each
add crispy, broiled or buffalo chicken / 4.00*

Baked Haddock

7 oz. haddock fillet topped with buttered house-made bread crumbs served with choice of two sides / 8.00

Broiled Salmon

hand cut 7 oz. salmon fillet finished with lemon herb compound butter and served with choice of two sides / 10.00

Seafood Casserole

salmon, scallops, haddock, crab stick and shrimp baked en casserole with fresh buttered bread crumbs served with choice of two sides / 12.00

Chicken Marsala

medallions of lightly floured chicken breast, sautéed with mushrooms in a sweet marsala wine reduction served over house-made campanelle pasta with choice of one side / 7.00

Tuscan Chicken

medallions of lightly floured chicken breast sautéed with artichokes, broccoli, sundried tomatoes, tossed with house-made campanelle pasta in a tomato basil cream sauce with choice of one side / 7.00

Duck Breast

*5 oz. duck breast pan seared and served on top a sweet and savory cherry gastrique sauce with choice of two sides / 12.00
*cooked to a temperature of medium rare unless otherwise requested**

Ribeye Steak

12 oz. Ribeye broiled and finished with caramelized onion browned compound butter served with choice of two sides / 12.00

Before placing your order, please inform your server if you or anyone in your party has a food allergy. Consuming raw or under-cooked meats, poultry, seafood, shellfish, eggs, or unpasteurized milk may increase your risk for foodborne illness.

desserts



Ice Cream Sundae

vanilla or chocolate ice cream with house-made chocolate or caramel sauce and fresh whipped cream / 4.00

Brownie Sundae

decadent chocolate brownie topped with chocolate or vanilla ice cream, house-made chocolate sauce and fresh whipped cream / 5.00

Please note this is not an allergen-free environment. Products containing gluten, nuts, eggs, and dairy are prepared in our kitchens and due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.