

# Three Seasons Restaurant

AT BLACKSTONE VALLEY TECH

WWW.VALLEYTECH.K12.MA.US/THRESEASONS

**Hours of Operation**  
**10:30 a.m.-12:45 p.m.**  
**Tuesday - Friday**

DATES AND TIMES SUBJECT TO  
CHANGE WITH SCHOOL CALENDAR

Please call ahead for current hours and  
reservations.

(508) 529-7758 Ext. 3109

PLEASE CHECK ON  
OUR WEBSITE FOR  
THE UPDATED HOURS  
AND DAYS

WWW.VALLEYTECH.K12.MA.US/THRESEASONS

## Freshman Exploratory Menu

### appetizers



**chicken fingers**  
hand-breaded chicken breast  
strips served with house-made  
barbecue sauce  
or honey mustard / 4.75  
with fries / 5.50

**mozzarella sticks**  
hand-cut mozzarella cheese,  
lightly breaded and fried, served  
with marinara sauce / 4.75

**soup du jour**  
selection of daily  
house-made soups  
cup / 2.50 bowl / 3.00

**buffalo chicken fingers**  
bvt chicken fingers tossed  
in our creamy buffalo sauce  
and served with blue  
cheese dipping sauce / 4.75  
with fries / 5.50

**crab rangoons**  
house-made crispy dumpling  
filled with crab and cream  
cheese served with  
ginger soy dipping sauce / 4.75

### sandwiches



all sandwiches are served with your  
choice of hand-cut steak fries, sweet  
potato fries  
or house-made chips.

**blt sandwich**  
crispy bacon, lettuce and  
tomato with mayonnaise  
on toasted bread / 5.50

**grilled cheese**  
classic grilled sandwich with  
american cheese between two  
slices of buttered bread / 4.50  
add bacon or tomato / .75 each

**turkey club**  
turkey, lettuce, tomato, bacon  
and mayonnaise layered  
between three slices  
of toasted bread / 6.00

**classic cheeseburger**  
1/3 pound patty topped with  
melted american cheese with  
lettuce, tomato, onion on a  
sesame seed bun / 6.50  
with bacon / 7.25

**pulled pork quesadilla**  
braised pulled pork with  
cheddar cheese in a crispy  
flour tortilla served with a  
side of pico de gallo  
and sour cream / 6.00

**chicken wrap**  
crispy or broiled chicken with  
lettuce, tomato and honey  
mustard in a flour tortilla / 7.00

**chicken caesar wrap**  
choice of broiled, crispy  
or buffalo chicken  
in a flour tortilla  
with caesar salad / 7.00

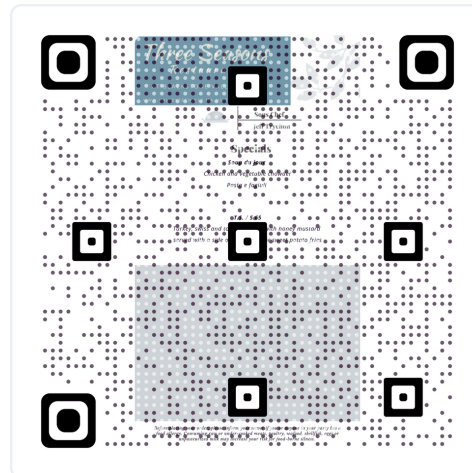
**buffalo blue cheese wrap**  
crispy buffalo chicken with  
lettuce, tomato and blue  
cheese dressing  
in a flour tortilla / 7.00

# Three Seasons

Restaurant

AT BLACKSTONE VALLEY TECH

## Scan for specials



### salads

*salad add-ons:*

*crispy, buffalo or broiled chicken / 4.00*

*7 oz. broiled salmon / 8.00*

#### caesar salad

*romaine lettuce with house-made croutons and parmesan cheese tossed with our creamy caesar dressing / 6.50*



### entrées

#### house-made macaroni and cheese

*cavatappi pasta in a creamy cheddar cheese sauce served with the vegetable of the day / 5.50*

*add tomato, bacon or peas / .75 each*

*add crispy or buffalo chicken / 4.00*

*pulled pork / 3.00*

#### garden salad

*mixed greens with tomatoes, cucumbers, carrots, red onions and black olives with your choice of dressing / 4.50*

#### quinoa salad

*mixed greens with quinoa, roasted sweet potato, granny smith apples, and red onion with house-made maple vinaigrette / 6.50*

#### lemon chicken

*strips of lightly floured chicken breast sautéed with garlic, sundried tomatoes and spinach in a lemon butter white wine sauce served over rice pilaf and side of vegetable of the day / 7.00*

#### broiled salmon

*hand cut 7 oz. salmon fillet finished with lemon herb compound butter and served with rice pilaf and vegetable of the day / 10.00*

*Before placing your order, please inform your server if you or anyone in your party has a food allergy. Consuming raw or under-cooked meats, poultry, seafood, shellfish, eggs, or unpasteurized milk may increase your risk for foodborne illness.*

## desserts



#### ice cream sundae

*vanilla or chocolate ice cream with house-made chocolate or caramel sauce and freshly whipped cream / 4.00*

#### brownie sundae

*a decadent chocolate brownie topped with chocolate or vanilla ice cream, house-made chocolate sauce and freshly whipped cream / 5.00*

*Please note this is not an allergen-free environment. Products containing gluten, nuts, eggs, and dairy are prepared in our kitchens and due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.*

8.22.23